

Sermon Notes

Providence Community Church

1-14-18 Ken Carlton

Title: UNSEEN FOOTPRINTS

Main Text: Psalm 77

Sermon Description: The authors of scripture were no strangers to mental anguish. Depression is not a condition only recently identified and addressed by modern medicine. Asaph prescribes “medicine” for the distraught heart even as he offers a testimonial to its effects. It is not my intent to address the potential dangers or benefits of alternate means of treating mental health issues in this message though these realities in our day are evidence enough of the usefulness of Psalm 77 (not to mention many other great hymns of the psalter). I have received more than one phone call lately from individuals who have sought such relief whose symptoms are remarkably similar to the author's candid confession in our text today. These anecdotes are a reminder of the sufficiency of scripture. The Word of God speaks to every pertinent realm of our existence and does so with unparalleled efficacy. Let us listen intently as if Asaph were our Holy Spirit inspired counselor... Perhaps we will realize the value of his song in the dark night of our own soul...

Heading: ...REHABILITATION OF THE SOUL IN THREE STAGES...

1. RESTLESSNESS (Ps 77:1-3)

- a. Lonely echo (1)
- b. Day in & day out (2)
- c. Bitter medicine (3)

2. RECALIBRATION (Ps 77:4-12)

- a. Faculties floundering (4-6)
- b. 5 questions (7-9)
- c. Faculties reset (10-12)

3. REASSURANCE (Ps 77:13-20)

- a. Acclamation (13-15)
- b. Occasion (16-19, Ex 12,14,15)
- c. Consolation (20, Ps 23)

AIM: TO PROCLAIM WHAT SCRIPTURE PRESCRIBES AS MEDICINE FOR THE SOUL

FAMILY WORSHIP SCHEDULE:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Theme:	Theme:	Theme:	Theme:	Theme:	Theme:
Restlessness	5 Questions etc.	Who is God	Praise	Exodus	Next week
Verses:	Verses:	Verses:	Verses:	Verses:	Verses:
Ps 77: 1-3	Ps 77:4-12	Ex 34:6, Jonah 4:2	Ps 77:13-15	Ps 77:16-20	Nahum 1:1-7

FURTHER STUDY: see 'Excerpts' posted weekly at providencecrosslake.com

NEXT WEEK: ...Nahum 1:1-7 Oracle concerning Nineveh...